



# Episode 4

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## "Momming" with Jesus

*Host, Kacie Oller*

*Guest, Shayla Sumners*

### **Scriptures Referenced:**

Deuteronomy 6:4-9 The Greatest Commandment

Ephesians 5:22-33 Marriage-- Christ and the Church

Galatians 5:22-23 The Fruit of the Spirit

Psalms 118:14- Strength and Salvation is from God

Proverbs 3:5-6 Trust in God

Romans 8 Our Life in Christ

Philippians 1:6 God's Good Work in Us

James 1 Faith and Wisdom

### **Book Recommendations:**

"No Longer Little" by Hal and Melanie Young

"Shepherding a Child's Heart" by Tedd Tripp

"Raising Emotionally Strong Boys" by David Thomas

"Raising Worry Free Girls" by Sissy Goff

"The Whole-Brain Child" by Daniel Siegel and Tina Payne Bryson

The books of Proverbs and James, and Matthew 5-7





## Guided Notes

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What specific, daily habits can we incorporate in our families' lives which mirror Deut. 6:4-9?

In our culture, what are some lies that the enemy feeds mothers and how can we combat those?

What's some Godly advice for the tired, discouraged mother?

God's design gives fathers such an important and unique role in the family unit. How can mothers support dads in that role?

There are many Christian women who aren't currently mothering biological children in their home, but maybe are grandmothers, aunts, friends, teachers, etc. What impact can they have on children?

How do you find strength in God's word? Are there any specific passages you have turned to for encouragement?

If you are a mother, what have you learned about Jesus through your motherhood journey?

